Fachärzte für medizinische und chemische Labordiagnostik OG

1210 Wien | Kürschnergasse 6b Tel.: (01) 260 53-0 | Fax: (01) 260 53-500 mail@labors.at | www.labors.at



# PATIENT INFORMATION LEAFLET - SPERM COUNT

**Dear Patient!** 

We carry out this test at the following locations:

- 1150 Vienna, Meiselstrasse 8
- 1020 Vienna, Praterstraße 22

## Arranging an appointment

This investigation is carried out only following the prior arrangement of an appointment. Appointments can be booked online on our website at www.labors.at via the menu option "Book appointment" or by telephone by calling 01/260 53-203. Samples can be produced on site - or dropped off if produced elsewhere - at the agreed appointment.

#### What do I need to know in advance of the test?

To be able to make the best possible estimate of the quality of the sperm, at least 2 to 7 days of abstinence from sexual activity is required before the test.

# Obtaining the sample

Samples produced elsewhere must be dropped off at the laboratory in a urine pot within 45 minutes of being produced. Urine pots can be obtained from our offices or pharmacies. During transport, the sample must be kept at room temperature.

The material needs to be tested as soon as possible after being produced since the motility of the sperm reduces rapidly outside the body. A lockable cabin is available for you to use if producing the sample at the laboratory. To be able to ensure appointments do not overrun, we ask you to leave the cabin as soon as possible after producing the sample.

### Aim of this test

A sperm count examines the number and motility of the sperm in the ejaculate. Too few or poor mobility of the sperm can result in impaired fertility. Health insurance companies will only refund this test if infertility or inflammation of the prostate are suspected. For all other reasons, e.g. follow-up testing after vasectomy (sterilisation), a fee of € 37 must be paid privately.

Important Information for the analysis:

| Sterilisation (vasectomy):   | no yes – date:       |
|--|----------------------|
| Time of abstinence:  | days                 |
| Date and time of sample production:  |                      |
| Date and time of sample accepted in our laboratory:  |                      |
| I have read the Sperm Count Information Leaflet.   |                      |
| Patient first name:  | Patient surname:     |
| Date:  | Signature (patient): |
| To be completed by Mühl Speiser Bauer Spitzauer labors.at GmbH employee:  Patientenkommunikation ausreichend  Patientenkommunikation problematisch  Paraphe: |                      |